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INTRODUCTION

Congratulations, you have been accepted into the Ho-Chunk Nation Healing to Wellness Court. This handbook will detail what is expected of you as a Healing to Wellness Court participant, including general program information.

STATEMENT OF PURPOSE

The Ho-Chunk Nation Healing to Wellness Court exists to address alcohol and drug addiction and its associated consequences. The Healing to Wellness Court acts in partnership with several tribal and community agencies and service providers to achieve the following goals: 1) create support systems and programs to foster employment, education, and communal, familial, and individual health and well-being; 2) maintain relationships and resources to continually assist program participation and; 3 restore traditional values and language. The Healing to Wellness Court adheres to Ho-Chunk ideals while focusing upon restorative justice and collaborative decision-making.

COURT SCHEDULE & TEAM INFO

Court Staffing: Every Monday, 1:00 pm-2:00 pm (closed)

Status Review Hearing: Every other Monday, 2:00 pm-3:00 pm (open)

The Healing to Wellness Court Program is made up of professionals from multiple disciplines. The individuals collaborate in a team setting to manage eligible participants.

HTWC Judge
District Attorney
Defense Bar
Probation/Parole Agent
Drug Court Coordinator/Case Manager
Treatment Provider
Social Services Representative
Ho-Chunk Nation Law Enforcement
Traditional Court Representative
Ho-Chunk Nation Legislator



CONFIDENTIALITY

The Healing to Wellness Court Team will not share any personal information about you to anyone outside of the Team without your expressed and written permission.

COURT FILES

Healing to Wellness Court files are separate and distinct from Circuit Court files and District Attorney Files. All Healing to Wellness Court files are confidential and not open to the general public. All files are under the sole control of the Healing to Wellness Court Judge, Project Coordinator and Case Manager. Neither the Clerk of Court's office nor any other District Attorney's office will have access to the Healing to Wellness Court files.

COURT FEES

Any fees go to appropriate expenses associated with treatment, participant monitoring and testing, and a portion.

The Healing to Wellness Court fees are separate from other fees, including but not limited to DOC, Fines and Forfeitures.

COURT INTERACTION

As a Healing to Wellness Court participant, you will be required to appear in Healing to Wellness Court as directed by the Court. Prior to each appearance, the Judge will be given a progress report prepared by multi-disciplinary team members regarding your drug test (UA) results, attendance, and participation in treatment. The Judge will ask you questions about your progress and discuss any specific problems you have been experiencing. If you are doing well, you will be encouraged to continue with your program and receive an incentive. If you are not doing well, the Judge will



discuss therapeutic interventions that can assist you.

INCENTIVES

When you abide by and comply with your recovery program and your responsibilities, you may receive the following:

- ◆ Incentive Card
- ◆ Green Cards
- ◆ Positive feedback/praise from the Judge and treatment team members
- ◆ Applause in court
- ◆ Increase or restoration of privileges
- ◆ Phase acceleration
- ◆ Phone cards
- ◆ Gift certificates
- ◆ Treats
- ◆ Movie passes

THERAPEUTIC ADJUSTMENT

Any non-compliance with the rules of the Healing to Wellness Court Program will result in the immediate imposition of therapeutic adjustment as determined by the Healing to Wellness Court Judge and/or the multi-disciplinary team. The Healing to Wellness Court team may individualize therapeutic adjustment as deemed appropriate. Healing to Wellness Court non-compliance is determined on a case by case basis. For example, therapeutic adjustments may include:

- * Verbal warning
- * Written assignments
- * Thinking reports
- * Public/courtroom apologies
- * Curfew modifications
- * Electronic Supervising (SCRAM Unit - secure continuous remote alcohol monitor, GPS Unit- Global Positioning System).



- * Increased supervision
- * Loss of privileges
- * Increased testing (UA)
- * Phase freeze- Loss of weeks in current Phase.
- * Recovery plan assessment to determine if more intensive treatment is required.
- * Community service hours, including group presentations

PROGRAM RESPONSIBILITIES & RULES

RULES AND EXPECTATIONS

As a HTWC participant, it is important to make positive behavioral changes to prevent any future involvement with law enforcement, and/or the Department of Corrections. This will require you to be constantly aware of your thoughts and subsequent behaviors.

- 1) Maintain yourself as a law abiding citizen. Do not violate the law. Unlawful behavior may be a reason for discharge from the program, i.e. driving without a valid driver's permit or license, etc.
- 2) Take responsibility to pay consistently your financial obligations for outstanding court and jail fines/fees, and other court ordered obligations.
- 3) Comply with the rules of your probation. If you have any questions contact your probation agent, and/or the Healing to Wellness Court Coordinator or Case Manager.
- 4) Respect the Court, Judge, and all Healing to Wellness Court personnel. Use respectful language and tone of voice in treatment and in court.
- 5) Dress appropriately. Do not wear clothing that promote substance use or other aberrant behaviors. No sunglasses unless medically necessary.
- 6) No eating, chewing gum, talking out of turn, cell phones, or hats allowed in the courtroom.
- 7) Attend all court sessions as ordered.
- 8) Maintain your residence in Jackson County through the length of your participation in the program.
- 9) Immediately notify the Probation Agent, Project Coordinator or Case Manager of any changes to residence or employment.
- 10) Comply with curfew time requirements. Phase 1— 9:00 p.m. to 5:00 a.m., Phases 2-4 — 10:00 p.m. to 5:00 a.m. Changes may be approved or made at the discretion of the court.



- 11) In emergencies (death or illness of a family member), the Project Coordinator, Case Manager or the Ho-Chunk Nation Law Enforcement is to be notified.

TRAVEL

Participants are to submit a completed Travel Request form if you are leaving Jackson County for any reason three (3) business days prior to their intended departure to the Healing to Wellness Coordinator/Case Manager. This Travel Request must be approved by the Judge and your Probation Officer. Drug and Alcohol testing is required prior to departure and upon return to Jackson County. Travel in phase I is not allowed, the only exception is a family emergency any other reason will be considered on a case by case basis.

DRUG TESTING

A critical component of successful Healing to Wellness Court participation involves intensive supervision and random UA testing to assure compliance with the rules of the Healing to Wellness Court Program. (The frequency of the random UA will be determined by the phase each participant is in and subject to change based on the treatment needs of the participant.)

Call in between 7:00 am and 8:59 am daily to the Cordant Sentry testing service at (866) 207-2911. If required to test you must report to the Black River Falls Memorial Hospital by 10 a.m. Call (715) 284-1336 and make an appointment to test.

You will be tested throughout the entire treatment process a minimum of two times per week. The Healing to Wellness Court Judge will be notified of all drug test results, including failure to test, and may order a drug test at any time. Tampering with the drug/urine test will cause the test to be deemed a positive test, and it may result in your termination from the program. **A missed test or call in to Cordant Sentry will be recorded as a “positive” and will result in new sobriety start date and a Therapeutic Adjustment.**

COUNSELING

Counseling sessions is mandatory and your attendance will be required to participate in substance abuse counseling, both individual and group counseling are designed to



work together to develop self-awareness, realize self-worth, and develop the strength to practice self-discipline. The individual and group counseling sessions will include problem identification and alternative solutions. Your attendance at counseling sessions will be reported to the Judge as part of your progress report.

- ♦ You must have prior permission from your counselor to be excused from a counseling session.
- ♦ Dress appropriately for all treatment sessions.
- ♦ Be prepared by completing and reading assigned work prior to group/individual sessions.

TREATMENT PLANS

An initial treatment plan will be developed by you and your treatment team of your problems and needs. The plan will be a guide for your initial treatment phase; and within it, you will set goals, select methods for meeting those goals, and develop target dates for achieving those goals. The plan will be maintained by your treatment team and can be changed as the participant moves through the program as their progress is continuously assessed. You will be **required** to follow this plan as you progress through your treatment. Individual programs may develop treatment plans with the participant. This includes:

- ♦ Treatment providers
- ♦ Vocational Rehabilitation for Native Americans
- ♦ Exercise Physiologist
- ♦ Dietician
- ♦ Medical Provider
- ♦ Probation Agent
- ♦ Other programs where a referral may be made

RESIDENTIAL TREATMENT

Your treatment will be provided through a team approach with the combined resources of the Clinician and the Healing to Wellness Court team. The Clinician and the team will assess what level of treatment will best meet your needs and if a residential treatment program is recommended you must comply with the rules and requirements of that facility. The facility, Case Manager will submit a progress report, which may include a visitor list and/or leaving the facility for any reason to the Healing to Wellness Court. The Healing to Wellness Court team will determine if any visitors or travel is appropriate and notify the facility case manager. If drug testing is done at that facility, then that will be requested if travel is allowed.



SUPPORT GROUP MEETINGS

Attendance will be required at support group meetings, such as Narcotics and/or Alcoholics Anonymous. The frequency of attendance requirements is determined by your progress in the program and your phase level. However, the requirement for attendance is a minimum of three meetings weekly. Attendance is an important part of your recovery process. It will help familiarize you with the support group philosophy and will help you develop a level of trust to learn and create social bonds with other recovering addicts. Your treatment team will provide you with information regarding the time and location of support group meetings and will also direct you to special interest and recovery events in the community. You must provide proof of attendance to the Case Manager at each appointment or court appearance.

You assigned counselor may also require you to provide proof of attendance on a weekly basis.

SELF-CARE

Self-care is an important aspect of your recovery as you make important changes in your lifestyle. You will be required to do the following:

- 1) Comply with all use of Treatment Team approved medications, over the counter drugs/medication, herbal supplements, and traditional medicines. Do not use or possess any alcohol or other drugs, or unapproved prescription medication.
- 2) You will be issued Healing to Wellness Court ID card. This is for identifying yourself to medical personnel and law enforcement as a Tribal Wellness Court participant.
- 3) Medical emergency use will be discussed on a case by case basis.
- 4) To ensure your wellbeing, within a week of entering the Healing to Wellness Court program, you will make appointments for a physical examination, eye examination, dental care, exercise assessment, and dietary assessment.
- 5) Use emotional control skills to prevent the use of verbally threatening or physically abusive behavior toward others, i.e. family, community members, treatment team members, other participants, etc.
- 6) Maintain clean personal hygiene and a positive home environment.



RELATIONSHIPS AND ASSOCIATIONS

It is your responsibility to avoid contact with anyone who might interfere with your recovery and treatment plan, or who might present an unreasonable safety risk to you. The Treatment Team can restrict your interactions with others if your contacts are found to impede your treatment plan or recovery.

Concealing a relationship is considered an act of dishonesty and will be addressed promptly by the Treatment Team.

PROGRAM PHASES

PHASE I – (WIIGUS COONI) - ORIENTATION AND ASSESSMENT – (45 days)

Requirements:

- ♦ 48 Group sessions
- ♦ 120 Group hours
- ♦ 12 Individual sessions
- ♦ 36 Drug tests
- ♦ 24 Outside support group meetings (NA/AA) – 3 per week
- ♦ Court once every two weeks

Advancement Criteria:

- ♦ No positive drug test results for 30 days
- ♦ No unexcused absences from scheduled services.
- ♦ Completion of all evaluations, assessments and adherence to all intake procedures.
- ♦ Preparation/Planning for seeking employment or educational activities with VRNA
- ♦ Verbal acknowledgment of a desire to learn how to live in abstinence of all mood-altering substances.
- ♦ Satisfactorily completed community service



PHASE II – (WIIGUS) NUUP - INTENSIVE TREATMENT & STABILIZATION – (90 days)

In Phase II, you will continue with your Case Manager and drug treatment counselors. They will continue to comprise your treatment team. In this phase, you will enter into a short-term (8-week) intensive alcohol and other drug treatment, where you will come to learn and understand how denial and addiction work. You will also become acquainted with the disease concept and the recovery process.

Requirements:

- ♦ 36 Group sessions
- ♦ 90 Group hours
- ♦ 12 Individual sessions
- ♦ 24 drug tests
- ♦ 36 Outside support group meetings (NA/AA)
- ♦ Report to Case Manager as instructed
- ♦ Formulate personal program goals in conjunction with treatment plan
- ♦ Court at least once a month

Advancement Criteria:

- ♦ No positive drug test results for 60 days
- ♦ No unexcused absences from scheduled services
- ♦ Obtain and maintain employment or educational programming
- ♦ Documented required minimum attendance at support group meetings
- ♦ Verbal presentation to Healing to Wellness Court to extent of substance abuse problem.
- ♦ A commitment to become drug free.

PHASE III – (WIIGUS TAANI) - MATURATION & TRANSITION – (90 days)

In Phase III, your treatment plan will be updated by you and your counselor to identify your treatment goals and objectives. Counseling and meetings will focus on relapse prevention issues and help you to identify ways of coping with stressful situations.

Requirements



- ♦ 24 Group sessions
- ♦ 60 Group hours
- ♦ 12 Individual sessions
- ♦ 12 Drug tests
- ♦ 36 Outside support group meetings (NA/AA)
- ♦ Report to Case Manager as instructed
- ♦ Review and update treatment plan
- ♦ Employment and/or education by continued contact with Vocational Rehabilitation for Native Americans
- ♦ Court as ordered by Judge

Advancement Criteria

- ♦ No positive drug test results for 60 days
- ♦ No unexcused absences from scheduled services
- ♦ Employment or education
- ♦ Documented required minimum attendance at support group meetings
- ♦ Support person established

PHASE IV – (JOOP) - TRANSITION/GRADUATION – (75 days)

Phase IV will address your ongoing recovery needs including maintaining total abstinence from all drugs. The focus will be on daily living skills. This phase is designed to support you in your return to the community as a productive and responsible member

Requirements:

- ♦ 12 Group sessions
- ♦ 30 Group hours
- ♦ 6 Individual sessions
- ♦ Random drug tests
- ♦ 24 Outside support group meetings (NA/AA)
- ♦ GED, Job, Restitution, etc.
- ♦ Goal setting
- ♦ Court as ordered by Judge

Advancement Criteria:

- ♦ No positive drug test results for 60 days



- ♦ No unexcused absences from scheduled services
- ♦ Obtain gainful, consistent employment or education
- ♦ Documented required minimum attendance at support group meetings
- ♦ Maintenance of stable living arrangement and health interpersonal relationships as determined by the treatment team
- ♦ Fulfillment of goals as stated in the individual treatment plan
- ♦ Graduation after successful completion of first four phases

PHASE V – (SAACA) - AFTERCARE

After discharge from HTWC, the graduate may still be on probation and will need to stay in contact with their probation officer. The Judge for HTWC requires the graduate to return to court the first court session of each month for 6-months. The graduate will give the judge an update on what he/she has been doing, any new employment, concerns, continued support group attendance, etc...

The PROSPERITY In Recovery is a group that provides a safe environment to support a prosperous life and journey of ongoing, purpose-driven recovery. Encourage greater focus and structure to those in recovery through fellowship-based activities. It is not a requirement to join, but strongly encouraged as a graduate or participant of the Healing to Wellness Court.

TERMINATION



Violation of treatment plan, could result in termination, which includes the following:

- ♦ If you refuse substance abuse treatment or fail to give consent to release of information. Part of the treatment plan may require inpatient treatment. Failure to comply with the requirements of the recommended level of treatment may result in termination.
- ♦ Noncompliance with one's individualized treatment plan may be grounds for termination.
- ♦ Lying or dishonesty.
- ♦ Failure to comply with the drug testing policy, residency policy, or other court order can be grounds for termination.
- ♦ Engage in illegal activity for which you have not been arrested.
- ♦ Commission of a crime
- ♦ Abandonment of the Healing to Wellness Court Program for 30 days or more.
- ♦ Any threatening, abusive, or violent verbal/physical behavior directed at anyone
- ♦ Hostile, threatening or disrespectful conduct towards the Court or Participants
- ♦ Any other grounds the Healing to Wellness Court deems sufficient for termination

The participant will be afforded due process and a hearing will be held offering the opportunity for the participant to be heard. If the Healing to Wellness Court is unable to meet the needed services of the participant, then the participant will be terminated, other alternatives will be explored. Failure to appear in Healing to Wellness Court on the date and time schedules may result in an order for immediate termination.

CULTURAL ACTIVITIES

The Healing to Wellness Court promotes participation at a Traditional or Native



American Church ceremonies listed below as part of your healing journey.

- ♦ Feast Lodge
- ♦ Medicine Dance
- ♦ Scalp Dance
- ♦ Doctoring
- ♦ Ghost Meal
- ♦ Native American Church meeting/devotions

Note: If attendance is requested by a Traditional Court Member or Clan Elder, the Traditional Court member or Clan Elder must contact the Coordinator or Case Manager during business hours and Wisconsin Department of Corrections (“DOC”) officer, after business hours the Ho-Chunk Nation Police Department will need to be contacted. A UA test will need to be done before you leave and upon return to Jackson County.

Funerals will be excused, but you will need to contact the Coordinator or Case Manager (during business hours), Ho-Chunk Nation Police Department (after business hours). The Healing to Wellness Court or the Black River Memorial Hospital will need to do a Drug & Alcohol test, if leaving the county. The need to leave the state that will be discussed on a case by case basis.

A pow-wow is a social gathering. A request to attend a pow-wow will be granted on a case by case basis even if it’s in county.

HO-CHUNK NATION HEALING TO WELLNESS COURT



Participant Handbook

Date: _____

By my signature below, I, _____, verify that I have read or had the information read to me and fully understand the meaning and contents of the Healing to Wellness Court Participant Handbook. I further acknowledge that I have read, understand, and accept each policy in its entirety.

Participant:

Signature

Special Prosecutor:

Print Name

Signature

Defense Bar Representative:

Print Name

Signature

Project Coordinator/Case Manager:

Print Name

Signature